

What is Non-Duality?

*An individual, dualistic, language perspective...
on what is beyond those things...
and running through them.*

*Another answer.
To the unspoken question.*

More writing... of what cannot be written (enough).

“Non-duality”
is like the space
that everything
exists in.

That which allows
everything else
to be.

Kind of like
the unwritten
blank white space

that everything else exists in-
and can find its
background context against.

The projector light-
before any projection.

The light box
before the drawing on top.

The Sun before the colours
of the stained-glass window display.

It is also what everything 'else'
is.

The projection.

The drawing.

The play of different coloured light.

Yes, it is Everything too.

As well as Nothing.

The primary before
all secondaries.

And all secondaries, too.

It is what everything is-
before it pretends
to be something else.

Or we pretend
for it. Or for ourselves.
On *its* behalf.

Because *we are it*.
We are *it*-
pretending.

The Eternity-
convinced of time...
and space.

And still Eternal.

You know...
There's the blank canvas...
and the painting upon it.

They are separate.
And yet they are one-
the canvas and the paint.

Separate
and
inseparable.

There is One Painting;
One Picture.

Through it all.

Our minds can comment, reflect,
separate it out into bits. Bits we like,
bits we don't. Styles and influences
and...

it. can.
all. get.
very

complicated.

But the Oneness remains.

And however we arrange
the picture;

the contents
and the container;

the paint
and the painted...

Here. We. Are.

This is an analogy.

Of course.

It all is.
It has to be.

This is the Non-duality.

It is your life.

Right now.

~Nathan Godolphin,
10/02/22.