

Formlessness and form.

There is One Energy. Call it God, Consciousness, Awareness, Being. Call it what you will. This Totality was (and Is) unmanifest. Was (Is) everything- but in its Wholeness- nothing manifest, nothing separated out from itself. A single, and only- Being. And so God was... 'bored.'

It was Perfection. But nothing happening. Everything- but no parts. No interrelation or interaction of experience. In this state of Unified Wholeness, the Absolute Totality- no mode of experience at all. (Because for experience, we need differentiation- an experiencer, a ground of experience, and many other experiencers and experiences on the journey. Relative existence- a whole lattice, or tapestry, or matrix / matrices- in which to move, work, play, grow, and *know*).

And so God separated out into different forms, ways, compartmentalised beings. So that this may happen. A whole spectrum of plus and minus, up and down, left and right, bitter and sweet, light and dark. God / Consciousness / Awareness / Being began to identify with different parts of its newly created experience- aspects of the (Its) manifestation. Aspects of Itself. God was still *God*, but appearing *other*. Forgetting itself, but only to (...eventually...) remember.

With the investment of routes of consciousness into fixed locations, reference points, bodies and minds- *people* (as one example of many lifeforms)- Consciousness 'became less' than the *Totality of Itself*. (That is, in its experience *of itself*). The Reality of Totality always, ultimately, remains. It just 'loses itself' in the parts of the play. Our individual identities are examples of parts of this One Energy. And examples of how it identifies with 'something else.' As we do.

We don't always recognise 'the Whole,' because we're focused on 'ourselves.' More generously, we might be focused on our group, or community... or country... or even humanity in its entirety. But often we don't expand our vision enough to see the Wholeness. And so the Wholeness experiences itself through contraction. As a particular, delineated, defined and boundaried entity (and entities). Whether it's an amoeba, or a human being, or something else.

As human beings, we have the capacity to self reflect and become aware of our Nature, and the process. The process by which it expands and contracts, separates and unifies. By learning to see beyond our limitations. This is what experience in the world is all about. And this is what the Spiritual Journey is all about. This world is a Spiritual Journey. We're on it.

God- The Totality, experiences itself through the parts it creates of itself. And, through the knowing that is possible in the varied world of experience, comes back to the knowing of its own qualities of Wholeness, Completeness, Total Being. As human beings, we can do this too. We do do this. We can- and will- return to Wholeness beyond any personal limits. While at the same time (when in balance) respecting those limits, and celebrating the experience of Life.

We lose our self to find our self once more. And all this happens through the exploration of oneself. Inquiry. The will *to know*. And *to be*. Through you, finding out who you are, and having your journey in the world. (Having your journey and finding out). Through all of these journeys in the world together. This is God's journey and return to its Wholeness, recognised- by us and *Itself*. Where even in the appearance of parts, we are United in the One Consciousness we know ourselves to be... and Realise We Are. Pure Being, in Formlessness and form.

~Nathan Godolphin, 17/10/20.