

LOST WHOLENESS, RECLAIMED

Yes, have your clubs,

your causes,

your interest groups.

And yes, place your

identity there if you like.

But know your Whole Life-

That in you* which is Total-

remains Forever Free

and is not subject to limitation.

(While the limited bits

might be...).

Know this Wholeness

and bring it into

all that you do,

without losing it there.

Let all your separation

be informed by the Wholeness

it is here to serve.

* (Most truly, this Wholeness is not *in your separate self*, but your separate self *is in this Wholeness*. Although it works both ways. This Wholeness is our True, Universal, Spiritual Nature. The Absolute. Total Freedom. Pure Consciousness. The Eternal, Timeless Self... the Primary Identity of everything and all).

~Nathan Godolphin,

13/07/20.